

MEDIA ALERT - FOR IMMEDIATE RELEASE**MEDIA CONTACT:**

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**The Body Language Success Secrets Every Woman Must Know with Nonverbal Communications
Expert Sharon Sayler, MBA, ACC, CEC**

PORTLAND, OREGON, January 18, 2012 — Did you know that the way you hold your chin could be keeping you from a 6 or 7-figure income? “If you're not winning the respect, clients, promotions and income you deserve, stop worrying about what you're saying and start wondering what your body language is saying!” shares Sharon Sayler, founder of Competitive Edge Communications, a consultancy based in Portland, Oregon.

On January 23rd, Ms. Sayler will be sharing her popular training *Body Language Success Secrets Every Woman Must Know* with members of Portland's eWomen's Network. This training is inspired by her latest book, *What Your Body Says (and How to Master the Message)*. You will learn how you can immediately use nonverbal communications to consistently make a great impression, comfortably influence others and communicate with confidence. You will leave this presentation knowing:

- Proven skills of posture, gestures and voice to project confidence
- The power of using visuals to influence and inspire others
- How words and gestures change minds (including your own)

Ms. Sayler added, "I love helping women transform right before their eyes. These nonverbals are so easy, my clients can't believe how simple it is to look natural and powerful at the same time."

Who: Sharon Sayler, MBA, ACC, CEC, body language, leadership and relationship expert
What: The Body Language Success Secrets Every Woman Must Know
When: January 23, 2013, 11:15am-1:30pm (includes lunch)
Where: The Benson Hotel, 309 SW Broadway, Portland, Oregon
Sponsor: eWomens Network of Portland, Oregon
To register: <http://sharonsayler.com/ewomen-pdx>

About Sharon Sayler, founder of Competitive Edge Communications:

Sharon Sayler, MBA, ACC, CEC delivers techniques to turbo-charge your leadership, relationships and communication with critical verbal and nonverbal skills, an understanding of gender and personality styles and insight into why groups behave the way they do.

As an executive coach, trainer and speaker, Sharon works with individuals and presents to universities such as Yale's Graduate School of Management; government entities such as Oregon Dept. of Employment; associations like ICF, ASTD and PRSA; along with various nonprofits and corporations. Her latest book, *What Your Body Says (and How to Master the Message)* (John Wiley and Sons) has been translated into six languages.

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